



The Force Weekly



Navy Personnel Command Force Master Chief, FORCM(SW/AW/EXW) Leland E. Moore
25 - 29 MAY

DETAILING COUNTDOWN AND CONTACTING YOUR DETAILER

Sailors are always welcome to contact their detailer; however, prior to entering their CMS-ID window they should update their contact information in CMS-ID. Once they have discussed the possible billets with their CoC, CCC, and family, Sailors should contact their detailer to discuss career timing and what billets are the best for career enhancement. Remember, they can provide Sailors the best career information once they are in the negotiation window because they are able to see what billets are available. Please refer to this guide for more info: [http://www.public.navy.mil/bupers-npc/career/toolbox/Documents/Detailing%20Countdown%20\(25%20AN%202015\).pdf](http://www.public.navy.mil/bupers-npc/career/toolbox/Documents/Detailing%20Countdown%20(25%20AN%202015).pdf).

VA PATIENT CARE FOR SEPARATING SAILORS

As a reminder, NAVADMIN 187/14 <http://www.public.navy.mil/bupers-npc/reference/messages/Documents/NAVADMIN/NAV2014/NAV14187.txt> outlines the handling of service members' medical and dental records upon separation. Sailors who serve honorably earn VA support throughout their lives. To make it as easy as possible for the VA to provide that support, Sailors must ensure their medical records are turned into the appropriate medical facility when separating or retiring from the Navy. If a claim must be filed with the VA in the future, the VA may need to make a connection between a medical condition and a Sailor's time in service and medical details. Upon separating, Sailors must verify with their supporting medical treatment facility that their medical records have been properly recorded with the Bureau of Medicine and Surgery.

UPDATE YOUR PAGE 2

Remember to view and update your Page 2 and SGLI periodically; at least annually; and any time a major life event (marriage/divorce, children) or change in emergency information occurs. You never know what can happen, so ensure your information is updated! Visit your Command Pass Coordinator for more information.

INPUTS

If you have a quote or have a topic you would like to see in the weekly please email your ideas to YN2 Jeannie Sikes at jeannie.sikes@navy.mil.

ENSURE YOUR TRAVEL CLAIMS ARE COMPLETED PROPERLY TO RECEIVE TIMELY PAYMENT

Oftentimes travel claims are submitted incorrectly and with errors. When this happens, they are rejected and sent back due to missing signatures and missing receipts. For a step-by-step SOP on properly completing and submitting a travel claim, please follow this link: <https://mpte.portal.navy.mil/sites/NPC/pers2/PayEntitlement%20Services/Travel%20Claim%20SOP.aspx>. It is the Sailors' responsibility to properly complete and submit travel claims.

PCS STRESS

Planning ahead can be one of the biggest stress relievers when it comes to a PCS move. Sailors can use the "Plan my Move" tool on the Military OneSource website at www.militaryonesource.mil to organize their move. It provides a three-month calendar of steps a Sailor needs to take to ensure a smooth move. Sailors should visit their local FFSC and meet with a Relocation Assistance Program specialist, and attend a Smooth Move class or Moving Overseas workshop to learn the basics about a PCS move and how to start the process. Other helpful websites include: Housing Early Application Tool (HEAT) - <https://homes.mil/heat/DispatchServlet/HeatEntry>, Housing Service Center locator - www.cnic.navy.mil/HousingQuickReference, and Schedule your PCS move - www.move.mil.

THIS WEEK IN NAVAL HISTORY

25 May 1911 - *USS WYOMING* (BB 32) launches. She is commissioned in 25 September 1912 and later participates in the Veracruz Intervention and World War I.

26 May 1958 - Medal of Honor recipient William R. Charette selects the World War II Unknown Serviceman onboard *USS CANBERRA* (CAG 2) off the Virginia Capes.

27 May 1942 - Mess Attendant 2nd Class Doris Miller receives the Navy Cross for his heroism at Pearl Harbor, 7 December 1941. Admiral Chester W. Nimitz presents the medal to Miller.

28 May 1917 - The first underway fueling in the U.S. Navy is performed. *USS MAUMEE* (AO 2) fuels six destroyers in the North Atlantic.

29 May 1781 - During the American Revolution, the Continental frigate *ALLIANCE*, under command of Capt. John Barry, battles *HMS ATLANTA* and *HMS TREPASSY* off Nova Scotia.

QUOTE OF THE WEEK

"...Do we find the cost of freedom, buried in the ground..."

~Stephen Stills